

BWG 2009 CAP – Baby Play Mats

- Kellie Edwards

Instructions

Cutting out

1. Cut out 1x patterned material, 1x wadding and 1x homespun/backing material using cardboard template.

*****Make sure you also trace and cut out triangle marking and that tracing out is done with both template and material pattern facing upwards.***

Pinning

2. Position patterned piece on top of wadding with triangle markings matching.
3. Use safety pins to pin layers together making sure that all pinning is done on patterned piece side so they can be removed once the mat is joined up.

Button holes

4. Find a halfway point that you think looks good (eg fits with patterns like stripes etc.)
5. Remove standard machine foot and attach button hole foot (ask Kellie if you get stuck).
6. Change machine settings to **Length 0.25 Tension 4 Stitch width 5**
7. Pull down white arm as a “stop” next to button hole foot (on left side, ask Kellie).
8. Place a scrap piece of material or calico behind the spot you are putting the button holes to stabilise them.
9. Put stitch setting to button hole.
10. Press down on the pedal and the sewing machine automatically starts making the button hole. You need to hold it to guide it but not force the material.
11. After the needle returns to the start again you need to lift the needle and remove the material as it will just keep going otherwise.
12. Position second button hole beside white lump on machine foot with first hole on left of white lump (Kellie can explain).
13. Then turn the quilt around and do a second pair of button holes on the other side of the quilt.
14. Cut the button holes open using the quick unpick – you will probably have to do this from the back as well.

***** It is really important that after each button hole you reset the sewing machine but changing the stitch setting to something else and then back to button hole otherwise you are about to enter a world of pain and unpicking.***

Attaching all the layers

15. Now position the backing piece of material on top of the patterned piece using triangles again and clip in place with quilters clips or safety pins.
16. Set the machine back to normal sewing setting **Length 2 Tension 5 Stitch width 6.5**
17. You need to leave a gap about as large as a "handspan" to turn the quilt so it is often easier to mark this with pins so you don't forget.

Sewing it together

**** Attach walking foot so layers stay together when you sew them. Make sure arm of walking foot is above screw on presser foot otherwise sewing machine will roar at you.**

18. Have machine needle in middle setting straight stitch. Position edge of material with edge of machine foot. Make sure you reverse as you start and stop and don't forget to leave that gap to turn the quilt!
19. Trim excess and clip (not too close to stitching)
20. Turn the quilt right way in.
21. Edge stitch the quilt with needle in rightmost position (straight stitch) line up edge of material with edge of machine foot.

****Make sure you straighten the material on top and underneath as you sew so it doesn't move around on you.**

22. Sew a second row of stitching to make the casing for the cord, lining up material with edge of base plate and making sure that this will easily cover length of button holes.
23. Use bodkin to thread cord. Make sure edges are taped to stop them fraying.
24. Tie cord as per picture.
25. Well done you!

**** All these instructions are based on my Janome My Style machine and may vary slightly between machines.**